

MARCH 2024 MIDDLE SCHOOL LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
				MARCH 1 Chicken or Cheese Quesadilla Spanish Rice Fruit Cup Variety of Milk
MARCH 4 Breaded Mozzarella Sticks with Pasta and Marinara Sauce Fruit Cup Variety of Milk	MARCH 5 Pork Carnitas, Chicken or Plant Based Mexican Crumble Burrito Bowl Corn Salsa Spanish Beans Fruit Cup Variety of Milk	MARCH 6 Chicken Nuggets with Waffle Tossed Garden Salad 100% Apple Juice Variety of Milk	MARCH 7 NO LUNCH EARLY DISMISSAL	MARCH 8 Spicy Chicken Filet on Bun Tater Tots Sweet & Sour Cucumber Salad 100% Fruit Punch Variety of Milk
MARCH 11 Max Sticks with Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk	MARCH 12 Chicken Tenders with Dinner Roll Baked Sweet Potato 100% Apple Juice Variety of Milk	MARCH 13 Chicken or Vegetarian Lo Mein Broccoli Fruit Cup Variety of Milk	MARCH 14 BBQ Chicken Waffle Fry Bowl with Biscuit Cowboy Caviar Fruit Cup Variety of Milk	MARCH 15 Cheese Burger on Bun French Fries Tossed Garden Salad Fruit Cup Variety of Milk
MARCH 18 Pasta with Meat Sauce or Pasta with Plant Based Italian Crumbles in Sauce Steamed Broccoli Tossed Garden Salad Fruit Cup Variety of Milk	MARCH 19 Oven Roasted Chicken with Macaroni & Cheese and Dinner Roll 100% Apple Juice Variety of Milk	MARCH 20 Beef Nacho Supreme or Plant Based Mexican Crumbles Nacho Supreme Spanish Beans Fruit Cup Variety of Milk	MARCH 21 Manager Special Hot Vegetable 100% Fruit Punch Variety of Milk	MARCH 22 Toasted Ravioli with Marinara Sauce Seasonal Roasted Vegetables Tossed Garden Salad Fruit Cup Variety of Milk

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MARCH 25	MARCH 26	MARCH 27	MARCH 28	MARCH 29
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

DAILY ALTERNATE ENTREES MAY INCLUDE:

Pizza
 Chicken Patty or Spicy Chicken Patty on Bun
 Hamburger or Cheese Burger on Bun
 Hot Dog on Bun
 Peanut Butter and Jelly Sandwich
 Assorted Hoagies
 Assorted Salads
 Fruit Smoothie with Soft Pretzel or Yogurt Parfait
 Veggie Burger

AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed salad

Fresh fruit: may include apples, oranges, bananas

Variety of Variety of Milk: unflavored 1% milk, unflavored fat free milk, fat free chocolate milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and steamed broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**